UNIVERSITY OF HARTFORD NURSING IN ICELAND

THIS IS THE ITINERARY FOR THE TRAVEL COMPONENT OF THE SHORT TERM FACULTY LED STUDY ABROAD IN CONJUNCTION WITH NURSING COURSES

DAILY ITINERARY:

Travel dates for this short term faculty led study abroad program are June 4-12, 2016. We return extremely late on Sunday June 12th and we recommend that you take Monday June 13th off from work.

DAY 1 June 4 – HARTFORD-BOSTON-REYKJAVIK: Student travelers are picked up from University of Hartford by coach bus in the early afternoon and transported to Logan International Airport. Depart from Boston for overnight flight to Iceland. Full meal and beverage service during plane ride, as well as stereo headsets.

DAY 2 – June 5 - REYKJAVIK CITY: Arrive Reykjavik Meet and greet at the airport – breakfast in a nearby restaurant. Travel by motor coach to Reykjavik, welcome orientation before arriving at Hotel Plaza for check in. Rest or sightsee on own prior to dinner. Enjoy dinner with our group in a nearby hotel. Overnight at our hotel. (Breakfast, Dinner).

Day 3 – June 6 - REYKJAVIK CITY After breakfast, depart by motor coach for a series of visits to health care facilities and clinics pre-arranged by Icelandic public health nurse and guide, Erla Kristofersdottir, and UHA nursing faculty. The evening may include optional activities organized by UHA nursing faculty. Whale watching trip on own is possible. Dinner on your own. Overnight at our hotel. (Breakfast)

Day 4 – June 7 - SNAEFELLSNES PENINSULA After breakfast, we leave with Erla Kristofersdottir, via motor coach for Snaefellsnes peninsula. This is a unique area with its own culture and philosophy of health and wellness. During our day we will be interacting with Icelandic people to better understand their culture and health care patterns. On the way, we will see a variety of geological interests such as lava fields, volcanoes, glaciers, beautiful rock formations, yellow/black sand beaches and caves, in addition to a very interesting bird life. A main attraction is the Snaefellsjökull glacier, a beautifully shaped cone volcano at the very end of the peninsula. The glacier and the unspoiled natural wonders surrounding it, are the scenes depicted in Jules Verne’s novel “Journey to the Centre of the Earth” and one of seven most energetic sites on Earth, according to some new-age sources. Búðir is a very impressive area, where you can have a lovely walk in a unique landscape with a mixture of sandy hills, black lava and yellow beach, and at the same time you feel the closeness and the impression of the glacier. Arnarstapi offers a great opportunity for a walk along the sea cliffs, with strange holes in the ground reaching to the sea in spectacular columnar rock formations where seabirds nest. On to Djúpalónssandur pebble beach, the tour continues around the peninsula towards Reykjavik. Duration: 10-11 hours. Dinner is on our own. Overnight at our hotel in Reykjavík. (Breakfast)

Day 5 – June 8 - REYKJAVIK CITY After breakfast, we will depart with motor coach to visit various Icelandic health care facilities and clinics pre-arranged by Erla Kristofersdottir and UHA nursing faculty. A special dinner is planned with our Icelandic hosts. Overnight at our hotel. (Breakfast, Dinner)

Day 6 - June 9 - GOLDEN CIRCLE After breakfast, we will check out of our hotel and depart for the Golden Circle. The Golden Circle is extremely popular for several good reasons. It is a tour of the South West of Iceland and includes three of the best known attractions Iceland has to offer: Gullfoss (The
Golden Waterfall), one of the most impressive waterfalls in Europe, with thousands of tons of icy water thundering majestically into a deep canyon; The Geysir Area, with numerous hot springs, fumeroles and geyzers, including the 30 meter spouting world known Strokkur; Þingvellir, a remarkable geological site and a historic site as well. Þingvellir is the site of the world's oldest democratic parliament founded in 930 A.D., with a beautiful canyon running through the park dividing two of the earth`s tectonic plates. A greenhouse and stable visit at Fríðheimar are included. Dinner is with our group. We will overnight in a hotel in the Hella/Hvolsvöllur area. (Breakfast, Dinner)

Day 7 – June 10 - SOUTH SHORE - REYKJANES  After breakfast, we will check out of our hotel and drive from the Hella/Hvolsvöllur area through the fertile farmlands of South-Iceland heading towards the majestic mountains towering over the coast, among them the snow shrouded Hekla and the ice capped volcano Eyjafjallajökull, last active in 2010. Continuing we drive through the region where one of the best known of the Icelandic classical sagas, Njál’s Saga, is set. The South Shore is one of the most popular regions of Iceland for a number of reasons: The waterfalls Seljalsfoss and Skógarfoss tumbling over high rock escarpments; the stone arch Dyrhólaey with its sheer cliffs; the picturesque setting of a Viking village; a row of glaciers towering over the scenery, and the Reynisdrangar rock pillars (some say they are petrified trolls) decorating the black beach of Reynisfjara. Late in the day, we head back towards Reykjavik, and drive via Eyrarbakki fishing village toward Reykjanes Peninsula. If time permits, we will drive to Krysuvik and Kleifarvatn, through a beautiful moss and lava area, passing through Grindvik fishing village, then on to the Blue Lagoon area. Dinner is included. Overnight in Northern Lights Inn. (Breakfast, Dinner)

Day 8 – June 11 - BLUE LAGOON – REYKJAVÍK  After breakfast, we will head to the unique Blue Lagoon. It is a distinct experience; a lagoon with pleasantly warm mineral-rich geothermal water in a middle of a black lava field. The high natural levels of silica and minerals give the Lagoon its rich blue color. The facilities include modern changing rooms and showers, an indoor geothermal pool, restaurants and other services. A visit to the Blue Lagoon is invigorating whether one bathes there surrounded by snow in the middle of the winter or during the long summer daylight. After a relaxing bath at the Blue Lagoon we continue back to Reykjavik with a drive through Hafnarfjördur and the area of Bessastadir, where the President of Iceland resides. The remainder of the day will be at your leisure. In the evening, enjoy a special farewell dinner at a local restaurant in Reykjavík. Overnight at our hotel. (Breakfast, Dinner)

Day 9 – June 12 - REYKJAVÍK- BOSTON- HARTFORD. Following breakfast and hotel check-out we will store the luggage at the hotel. Then it is off for whale watching (optional) or time at your leisure to shop or visit a museum. (Breakfast)

Whale Watching (optional - $60 pp./pay at site): Experience an enjoyable adventure into the world of whales and seabirds in their natural habitat. This is your chance to see the magnificent creatures that inhabit the seas around Reykjavik, as your expert guide gives you an insight into the life in the ocean. The bay is full of surprises and the most commonly sighted whales include white-beaked dolphins, harbor porpoises, minke and humpback whales. The trip passes several islands inhabited by colonies of puffins – an excellent photo opportunity. Duration: 4 hours – 2.5-3 hours on the boat.

After whale watching, the group purchases their own lunches, followed by the motor coach picking you up and taking you to the hotel to gather your luggage. Transfer to the airport. Check in for your flight to Boston. Transfers from Logan International Airport and Hartford University. End of Tour. Arrival back at the University of Hartford will be late in the evening. Please plan to take Monday June 13 off from work. (Breakfast)
Based on Twin Occupancy- Rates are Per Person:
*Rates include $377 in air taxes, fees and fuel surcharges (this portion subject to change). Rates are subject to 2016 air fare confirmation.

Single Supplement: $698 Single rooms and rates are subject to availability at time of booking

Dates of Travel: 04-12JUN, 2016

Flight Schedule:
FI 632 04JUN BOSKEF 2100 0600+1
FI 633 12JUN KEFBOS 1725 1900

The hotels (subject to availability) are:
• Centerhotel Plaza (standard rooms) – 5 nights total - http://www.centerhotels.com/our-hotels/hotel-plaza
• Stracta Hotel in Hella (Superior rooms) – 1 night - http://www.stractahotels.is/en/hella/home
• Hotel Northern Lights Inn – 1 night - http://www.northernlightinn.com/home/

The price includes:
➢ Round trip airfare
➢ Round trip transfers to and from Hartford University and Logan International Airport
➢ Guide service as per itinerary except for days 3, 5 & 9
➢ Accommodation for 7 nights in Iceland, including breakfast.
➢ The calculations are based on the following hotels:
  o Stracta Hotel in Hella (Superior rooms) – 1 night - http://www.stractahotels.is/en/hella/home
  o Hotel Northern Lights Inn – 1 night - http://www.northernlightinn.com/home/
➢ Five dinners, in the form of buffets or 3-course meals, incl. coffee/tea
➢ Breakfast upon arrival in Iceland on day 2 in Restaurant Vitinn Sandgerði
➢ 2x tunnel fee for the Hvalfjörður tunnel on the way to/from Snæfellsnes Peninsula
➢ Horse show and greenhouse introduction at Friðheimar
➢ Entry fee to Thorvaldseyri Visitor Center
➢ Bathing fee and rent of towel at the Blue Lagoon
➢ Cost for meals and accommodations for the guide and driver when needed
➢ Travel Protection Insurance **
➢ Emergency phone service 24/7
➢ VAT (taxes)
➢ If the group would like to have an option to go whale watching when they have free time, for example on the day of professional visits or when they have returned back to Reykjavik from the Blue Lagoon, or on the last day, there are departures all day, also at 5pm, 8pm and 8.30pm. The individual price is $60 per person.

The price does not include:
➢ Dinners, lunches, snacks or beverages except for what is listed under "included".
➢ Porterage at airport and hotels
➢ Gratuities for the guide and the driver (expected if group is satisfied with the services)
➢ Optional excursions, activities, museums or pre- and post-trips not mentioned above
➢ Any service not specifically listed under "included"
➢ Unforeseen admission to nature sites
- Guide service on days 3, 5 & 9
- Shuttle or transfer service other than in the package.
- Tuition and registration fees for trip-related nursing elective course(s)

**CANCELLATION POLICY**

(The Program fee for the UHA Nursing in Iceland trip includes the full cost of the Travel Protection Insurance. However, for conditions not covered under Travel Protection Insurance the following Durgan Travel Cancellation Policy will be in place.)

_I/we understand that the balance is due 75 days prior to tour departure and that full refunds, minus a $10.00 service fee and the cost of insurance, will be returned to passengers if cancellation is given up to 90 days prior to tour departure date. Between 89 – 76 days prior to departure, the full deposit is non-refundable. Between 75 – 60 days prior to departure, 25% of the total tour price is forfeited. Between 59 – 45 days prior to departure, 50% of the total tour price is forfeited. Between 44 – 36 days prior to departure, 75% of the total tour price is forfeited. 35 days or less prior to departure, no refund._

**TRAVEL PROTECTION INSURANCE:** This insurance is included in our University of Hartford Program Fee. All persons traveling with our group are automatically enrolled in Travel Protection Insurance through Trip Mate (1-800-888-7292) Please call Trip Mate if you have questions about your insurance or your eligibility. The plan covers trip cancellation or pre- or post-trip interruption, and tour operator/cruise line/airline bankruptcy up to the cost of the trip and travel delay up to $750 (max. $150 per day). Emergency evacuation is covered up to $50,000. Accident or Sickness Medical Expense is covered up to $25,000. Lost or stolen baggage/personal effects are covered up to $2500. Baggage delay (24 hours or more) up to $250 reimbursement, and death or dismemberment benefit $25,000 max.

Our University of Hartford Nursing in Iceland group has protected our trip with pre-paid Durgan Travel Service Travel Protection. The travel insurance that is built into the cost of the program fee. This is so that we can have peace of mind for emergencies when we travel. We recommend that you carefully review the plan information. Please Note: Plan benefits, limits, and provisions may vary by state jurisdiction. To review full plan details online, go to: www.tripmate.com/wpTPG02. This plan is underwritten by: United States Fire Insurance Company, Eatontown, NJ. Benefits are administered by: Trip Mate, Inc.*, 9225 Ward Parkway, Suite 200, Kansas City, MO, 64114, 1-800-888-7292 (*in CA, dba Trip Mate Insurance Agency).

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