

Quarantine and Isolation Guidance

Positive (ISO)

If you test Positive (ISO) regardless of vax status (Vax + Booster, Vax Only, or UnVax)

You must:

- Stay home for 5 days - the day you test positive is day 0, and then five days from there.
- If you have no symptoms on Day 5 or symptoms are resolving and fever free for 24 hours, then move to masking policy for next 5 days with a negative test.
- **YOU MUST MASK AT ALL TIMES WHEN AROUND OTHERS (BOTH INDOORS AND OUTDOORS)** with a well-fitted surgical or KN95/N95 mask.

*If you test positive still, have a fever, and/or other symptoms after Day 5, continue to isolate for the full 10 days.

Exposure to a Positive Case

If you are exposed to a positive case and you are:

- Fully Boosted, or
- Completed Moderna within 5 months, or
- Completed Pfizer within 5 months, or
- Completed J&J within 2 months

You must:

- Wear a mask (surgical, KN95, N95) for 10 days around others (both indoors and outdoors).
- Test on Day 5. The day you come in contact is day 0, and five days after that.
- If you develop symptoms at any point, get a test.

If you are exposed to a positive case and you are:

- Completed Moderna 5+ months ago with no Booster, or
- Completed Pfizer 5+ months ago with no Booster, or
- Completed J&J 2+ months ago with no Booster, or
- UNVACCINATED

You must:

- Go home for 5 days or quarantine in place (no class, grab and go food, no activities).
- Mask both indoors and outdoors with a well-fitted surgical or KN95/N95 mask.
- Test on Day 5. The day you come in contact is day 0, and five days after that. If Negative, you can leave quarantine and mask for 5 additional days both inside and outside with a well-fitted surgical or KN95/N95 mask.
- If positive, continue to isolate for full 10 days and follow testing and isolation instructions.

If you develop symptoms, get a test and stay at home!